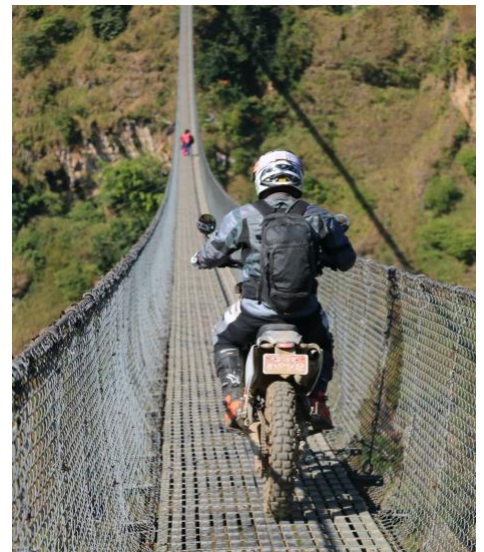


# HIMALAYAN LIFE ADVENTURES



## OFF-ROAD MOTORCYCLE AND 4X4 ADVENTURES

The purpose of Himalayan Life Adventures is to transform lives one adventure at a time. We do this by providing epic travel experiences for participants, creating opportunities for immersion in the beautiful Nepalese culture, all while supporting the charity work of Himalayan Life.



## UPCOMING MOTORCYCLE AND 4X4 TRIPS

### OFF-ROAD MOTORCYCLE ADVENTURE

OCT 22 – NOV 5, 2022

**DESCRIPTION:** 15 days trip for 6-8 spots to ride through constant twisty, ascending and descending roads in the epic mountains of Nepal and see the projects of Himalayan Life.

**HIGHLIGHTS:** Ride through constant twisty, ascending and descending roads in the epic mountains of Nepal and see the projects of Himalayan Life. Explore Kathmandu, Pokhara, Annapurna mountains, Mustang, and Chitwan National Park.

**RATING:** Difficulty level 4/5 (experienced riders only). Not an experienced rider? See 4x4 option below.

**COST:** \$3,950 CAD (incl. bike rental, all in-country costs, except international flights) + suggested donation of \$1,000 to Himalayan Life.



### 4X4 ADVENTURE OPTION

OCT 22 – NOV 5, 2022

**DESCRIPTION:** 15 day trips for 5 people offered along with the Off-Road Motorcycle Adventure.

**COST:** \$2,950 CAD (incl. 4X4 rental, all in-country costs, except international flights) + suggested donation of \$1,000 to Himalayan Life.

# ITINERARY AND TRIP DETAILS

## ITINERARY\*

DAY 1: Leave Vancouver 6:20am (27hr flight)

DAY 2: Arrive in Kathmandu 10:10pm (shuttle to hotel)

DAY 3: Tour Kathmandu

DAY 4: Flight to Pokhara (Visit HL Shelter, orientation and prep bikes, 42km warm up ride, Lakeside for dinner)

DAY 5: Ride 95km to Bandipur (Rupakot lookout for hotel breakfast)

DAY 6: Ride 70km to Chitwan (Afternoon safari, visit HL Chitwan programs)

DAY 7: Ride 160km to Pokhara (Majestic views, long ride day)

DAY 8: Rest day in Pokhara (Tour HL Recycling plant, tour Lakeside, lake boat tour)

DAY 9: Ride 128km to Tatopani Hotspring (Breakfast for mountain sunrise, Kusma Suspension Bridge, Lookout tower)

DAY 10: Ride 75km to Kagbeni (Waterfall, Dhumba Lake, high mountain loop)

DAY 11: Ride 75km to Marpha (Jomsom lookout, glacier lake)

DAY 12: Ride 68km to Phodepani (lake stop)

DAY 13: Ride 118km to Pokhara (Poon Hill, dinner in Lakeside)

DAY 14: Flight to Kathmandu around 11:30am, Tour Kathmandu for 7 hours, flight back to Vancouver in evening

DAY 15: Arrive in Vancouver 12:30pm

**OPTIONAL 2 DAY EVEREST LOOKOUT HOTEL TOUR** \$1650 per person, requires 4 people minimum per helicopter.

**DAY 15:** Helicopter flight to **Everest View Hotel** 6:00am (helicopter flight, hike and explore)

**DAY 16:** Helicopter flight to **Kathmandu**, Tour Kathmandu for 7 hours, flight back to Vancouver in evening

**DAY 17: Arrive in Vancouver** 12:30pm

\*Trip may change depending on confirmed flight schedules, current road conditions and/or rider abilities.

## TRIP DETAILS

HLA TRIPS INCLUDE: Domestic flights, 3 meals per day, non-alcoholic drinks, double occupancy shared accommodations, guided transportation, Crossfire 250cc off-road motorcycle or 4x4 jeep rental, park permits, sightseeing entry tickets, paramedic/doctor that will ride with the group for support.

HLA TRIPS DO NOT INCLUDE: International flight, health and travel insurance (ensure insurance includes off-road motorcycling and emergency evacuations), alcoholic drinks, personal expense, rescue expenses in the event of a serious injury (helicopter evacuation, etc.).

MANDATORY REQUIREMENTS: International drivers license, off-road experience, full protective gear including height boots, helmet, armour etc., physical fitness for the trip outlined above (for motorcyclists).

## CONTACT

BOOKING INQUIRIES: [SCOTT@HIMALAYANLIFE.COM](mailto:SCOTT@HIMALAYANLIFE.COM)  
TRIP SPECIFIC INFORMATION: SCOTT FALEZ | 604-808-3132